



National Bereavement Service:

Free information and advice for bereaved people

and for anyone planning for their future.

Bereavement affects most of us during our lifetimes, but do you know what to do when someone dies?

Contact the National Bereavement Service helpline, email or web chat to access free, practical and impartial advice, information and support, including:

- Professional bereavement and grief advisors with lived experience
- Immediate emotional support
- Practical guidance on the steps to take & legal requirements after someone has died
- Probate and estate planning advice
- Organising & paying for a funeral
- Finding longterm emotional support
- Signposting to trusted organisations providing emotional and legal support

To access the National Bereavement Service:

Call us: **0800 024 6121**

Email us: **info@theNBS.org**

Chat with us at **www.theNBS.org**



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