

Training overview example

Bereavement & Grief

Introduction to the work of the National Bereavement Service	20–60 mins
Would it be helpful to be able to refer your service users to National Bereavement Service for information and signposting on both practical and emotional bereavement issues? This session (minimum 30 minutes) will help you understand who we are and how we can extend the support you give to bereaved people.	
What do bereaved people have to do and how it feels	90–120 mins with a short break
Includes an overview of the practical tasks facing bereaved people and the impact these tasks have together with an introduction to the experience and emotions of grief (minimum 60 minutes)	
Step by Step – what to do when someone dies	60–90 mins
Understanding the detail of all the practical tasks that need to be done after someone has died and the order in which they can be achieved (minimum 60 minutes) Includes who has to be informed about the death and the best ways to do this and an introduction to probate/dealing with the estate.	
The Experience of Grief	60–90 mins
This course focuses on the lived experience of grief and how it feels. Includes an overview of the main models and theories of bereavement to enable you to do your own further reading (minimum 60 minutes).	

Communicating with Bereaved People as Part of Your Job

How do you communicate with bereaved people with empathy but also effectively to achieve what your caller and your organisation need from the conversation? What can I say and what should I never say? (Minimum 60 minutes but we recommend at least 90 minutes).

60-120 mins
with a short
break

Understanding Probate

What is probate and why is it needed? What difference does it make if someone has made a will? We introduce you to the essentials of dealing with the estate of someone who has died (minimum 60 minutes).

40-90 mins

How Do we Support Someone Who is Bereaved at Work? Both Immediately After the Death and for the Longer Term.

Understand what you can do as an organisation to help your bereaved colleagues feel respected, cared for and able to return to work after a bereavement.

40-90 mins

We also offer a range of online training sessions on legal and financial and emotional wellbeing topics in partnership with Adroit Legal Services:

Why You Should make a Will

30-45 mins

It is easy to put off making a Will – this session explains why it is important and how it can protect your family if you are no longer here to care for them.

The Importance of Lasting Powers of Attorney

30-45 mins

This session covers why you need a Power of Attorney, common misconceptions and what happens if you don't have them.

Residential Conveyancing

30-45 mins

This session explains the many types of matters a conveyancer can deal with and the importance of engaging with a reputable, trustworthy, and proactive firm. We also cover FAQs, such as how long does a property transaction take, and why, as well as taking you through the conveyancing process.

Family Law

30-45 mins

This session discusses everything 'family', including divorce and finances, children (including types of court orders, no order principle, the role of CAFCASS, and parental responsibility), family agreements (pre and post nuptial and cohabitation agreements), and domestic abuse (harassment and the police, non-molestation order, occupation order).

Funeral Plans Explained

30-45 mins

This session explains what a funeral plan is and the different options, the key benefits of taking out a plan, and the important points to consider before purchasing.

Protecting your Property and Money

45-60 mins

This is a longer more in-depth session explaining ways to protect your property and money including the benefit of lifetime trusts to protect your wealth, avoid probate, and help reduce inheritance tax.

An Invitation to Care

45-60 mins

A webinar for working carers as well as those with older family members in need.

From the practical and financial support available for those caring for another, to the important first steps to take in respect of navigating the needs of an older family member in need of care, this webinar will provide an overview of some of the key things you need to know

Self-harm/Suicide Prevention Education

45-60 mins

For employers and organisations who would like to support those who may deal with customers, colleagues or family members who are self-harming or may be having thoughts of self-harm or suicide.
